

a clean athletic sock turned inside out so the pilly part does not stick to it. Limit your time with you tattoo being completely covered. Feel free to elevate your tattoo and take something to keep the swelling down. Feet tattoos can remain sensitive, tender and swollen longer than on other locations on the body.

**A WORD ABOUT TOUCH-UPS...**

We will be happy to touch up your tattoo if you do have an issue with how it looks once it is healed. However, if you neglected to care for your tattoo properly a free touch up will not be granted. If you "change your mind" on the coloring or any of the tattoo specifics once your tattoo is healed, this is also not considered a touch-up, and will be assessed an appropriate fee. A free touch up will be granted under the condition that you come into the shop in a timely fashion after your tattoo is completed, (within a month). If you make an appointment for a touch-up and no show or reschedule without 72 hours notice, the next touch-up appointment will be assessed a charge.

Thanks again!

We hope you enjoy your new tattoo!!!



**LIVE FAST  
DIE YOUNG  
T A T T O O S  
44 LOWRY AVE NE  
MINNEAPOLIS, 55418**

**612  
789  
5339  
(LFDY)**

**ARTIST:**

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**DATE:**

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**FULL CUSTOM  
TATTOO  
&  
PIERCING  
ESTABLISHMENT**

**TATTOO  
AFTERCARE  
INSTRUCTIONS**

# CARING FOR YOUR NEW TATTOO

So, you did it! You got the tattoo of your dreams. It looks great and you want to keep it that way, after all, a tattoo is an investment. Here's some advice on what we have learned from our personal, as well as our clients experiences, on how to heal a tattoo. Remember, all of are work is guaranteed, we want you to have the best tattoo possible, however, you need to do some things to make sure it looks good for years to come, here's how.....

## Some products you will need to purchase:

- ★ Liquid Anti-bacterial soap
- ★ Curel or Lubriderm fragrance free lotion
- ★ Paper towels

## HERE'S WHAT TO DO

- ★ Leave your bandage on for at least two hours, overnight if advised by your artist.
- ★ Wash your tattoo with liquid Dial, or similar brand, antibacterial soap. Proceed to gently clean your tattoo using only your hand. No washcloths or towels, no bar soap or body-wash, no hand sanitizer-OUCH!
- ★ Rinse the tattoo from any soap residue.
- ★ Pat your tattoo dry with a clean paper towel or let it air dry.

Again with clean hands, apply Lubriderm or Curel Lotion, (fragrance free variety of either, we prefer Curel). Use enough to moisturize, but not excessively. Your tattoo needs to breathe, do not smother it.

Continue to clean your tattoo in the same fashion three to four times daily until your tattoo is healed. This can take as long as three weeks. Older people, (anyone over twenty five!), and those who may be unhealthy take longer to heal. Apply lotion as needed to moisturize your tattoo.

## DO NOT PICK OR SCRATCH your tattoo.

Let the scabs fall off naturally if they occur. If your tattoo itches, slap it. Do not wear clothes that will rub in a way that will hinder your tattoo from healing, or that have fibers that will fuse with your tattoo. Also, keep bedding and clothes that may come into contact with your tattoo clean.

- ★ Do not shave over your tattoo. Duh.

## ALSO...

No tanning for at least three weeks. Keep your tattoo out of direct sunlight and tanning beds. After your tattoo is healed it will be necessary to apply sunblock to your tattoo every time it will be exposed to sunlight, or you will compromise the intensity of your tattoo.

No soaking of your tattoo in a tub or ANY public submersion area for at least two weeks. Showers are good, however.

DO NOT use any product on your tattoo other than the advised by your tattoo artist. Lotions with alcohol, fragrance or dye will prevent your tattoo from healing nicely and burn when applied. Neosporin, Bacitracin, Tattoo Goo, Utter Balm, Chap-stick, Vaseline, Listerine or any other thing your "friend's cousin" recommended to put on your TATTOO=BAD. Your artist will be very angry with you if you use these products.

If you experience any unusual redness, heat or discolored discharge this could be signs of an infection. Contact your shop and doctor immediately. (Clear discharge, some warmth, and some redness and swelling is considered normal).

Don't listen to your friend's advice on how to heal a tattoo, EVER. If you are unsure about how your tattoo is healing or otherwise, call the shop, stop in, or drop your artist an email. We will be happy to answer your questions.

Your tattoo is an investment, treat it as so. Your care during the healing process is vital to how your tattoo will look once healed.

## ADVICE FOR FOOT TATTOOS

No nylons, pantyhose or dress socks: they will fuse with your tattoo. Try to find shoes that will not rub at all during the healing process. If your flip-flops rub on any part of your tattoo-DO NOT WEAR THEM DURING THE HEALING PROCESS. If you must wear a shoe that covers your foot, choose a sneaker, wear it snug with >>>